



“... providing a learning environment
that allows you to discover, refine and
polish your unique, authentic speaking style.”

Course Overview - 'Speaking with Confidence'

Duration: 6 week course
Weekly group meeting (1.5hrs)

Group Size: maximum number 6 to ensure ideal facilitator : participant ratio, 2 : 6

Content: Covers all the fundamentals of delivering a great speech/presentation and more, with a focus on individual needs.

- developing succinct introductions
- preparing effective speeches in terms of structure, notes, time
- making optimal use of body and voice to enhance presentation
- practising 'off the cuff ' mini-speeches
- incorporating power point into presentation
- learning to give honest, constructive and balanced feedback

Overall a perfect mix of educational, speech preparations and execution in front of a live audience with valuable feedback.

Benefits: Acquisition of presentation and public speaking skills.
Gaining confidence for work and life scenarios.
Professional as well as personal development to add to your CV.
Individually tailored learning focus.
Small group ensures in-depth support and quality feedback.
Real life, face-to-face group meetings.
Weekly meetings with time in between to integrate new learning and skills.
Email and phone support throughout length of course.
Handouts that are clear, concise and easy to implement.
Accelerated Learning due to concise course structure and individual focus.
Fun learning environment.
New contacts and friendships.